

JAX

GRILL & LOUNGE
eat. drink. play.

ALL SPA MENU ITEMS SERVED IN THE *L*SPA!

Light Fare

CHICKEN SKEWERS \$10

Cajun chicken skewers served with house made butter chicken sauce.

VEGGIE PLATTER \$8

Seasonal vegetables served with ranch sauce.

CHICKEN SLIDERS \$12

Seasoned chicken with cheddar cheese, lettuce, tomato and onion.

WISE ONE \$17 CAN BE VEGAN Vg GF *LSPA INSPIRED*

Dry and fresh fruits, slow roasted Portobello mushrooms, cherry tomato, black olives, cucumber, red onion, red pepper, tossed with chick peas, spinach, House made herb dressing, drizzled balsamic reduction and goat cheese.

PORTOBELLO FRIES \$9

Portobello mushroom dusted in our secret seasoned breading. Deep fried and served with house made horseradish aioli.

BAKED BRIE \$18

4 oz Brie cheese baked with dried fruit and drizzled with pomegranate reduction. Served with assorted crackers.

Sweet Indulgences

FRUIT PLATTER \$10

Seasonal fresh fruit.

YOGURT PARFAIT \$5

Seasonal berries with low fat yoghurt and granola.

CAKE OF THE DAY \$9

Chef's choice of dessert.

CHOCOLATE DIPPED STRAWBERRIES \$10

Fresh strawberries with dark melted chocolate.

Beverages

- ask about our daily Wellness Beverage!

DETOX SPRITZER \$4

8oz. Mint Lemonade

GLOW SMOOTHIE \$8

8 oz. House made, low fat, watermelon smoothie.

BOOST ELIXIR \$6

Fresh green apple and ginger power show with a dash of cayenne pepper.

Spa Fare Menu



Glow SMOOTHIE

Seedless Watermelon
Low-fat Vanilla Yogurt
Ice

Detox SPRITZER

Fresh Squeezed Lime Juice
Fresh Squeezed Lemon Juice
Mint Leaves
Honey



Boost ELIXIR

Fresh Ginger Root
Fresh Squeezed Lemon Juice
Fresh Green Apple
Dash of Cayenne

